

Name \_\_\_\_\_ First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Starting Semester and Year \_\_\_\_\_ Date of Birth     /     /     Class (circle one): ESL Undergraduate Graduate

M D Y

## Part I: Tuberculosis (TB) Screening Questionnaire (to be completed by incoming International students)

Please answer the following questions:

Have you ever had close contact with persons known or suspected to have active TB disease?  Yes  No

Were you born in one of the countries listed below that have a high incidence of active TB disease?  Yes  No

(If yes, please CIRCLE the country, below)

- |                                  |                                 |                              |                       |                       |
|----------------------------------|---------------------------------|------------------------------|-----------------------|-----------------------|
| Afghanistan                      | Congo                           | Iraq                         | Namibia               | Solomon Islands       |
| Algeria                          | Côte d'Ivoire                   | Kazakhstan                   | Nauru                 | Somalia               |
| Angola                           | Democratic People's Republic of | Kenya                        | Nepal                 | South Africa          |
| Anguilla                         | Korea                           | Kiribati                     | Nicaragua             | South Sudan           |
| Argentina                        | Democratic Republic of the      | Kuwait                       | Niger                 | Sri Lanka             |
| Armenia                          | Congo                           | Kyrgyzstan                   | Nigeria               | Sudan                 |
| Azerbaijan                       | Djibouti                        | Lao People's Democratic      | Niue                  | Suriname              |
| Bangladesh                       | Dominican Republic              | Republic                     | Northern Mariana      | Tajikistan            |
| Belarus                          | Ecuador                         | Latvia                       | Islands               | Thailand              |
| Belize                           | El Salvador                     | Lesotho                      | Pakistan              | Timor-Leste           |
| Benin                            | Equatorial Guinea               | Liberia                      | Palau                 | Togo                  |
| Bhutan                           | Eritrea                         | Libya                        | Panama                | Trinidad and Tobago   |
| Bolivia (Plurinational State of) | Eswatini                        | Lithuania                    | Papua New Guinea      | Tunisia               |
| Bosnia and Herzegovina           | Ethiopia                        | Madagascar                   | Paraguay              | Turkmenistan          |
| Botswana                         | Fiji                            | Malawi                       | Peru                  | Tuvalu                |
| Brazil                           | French Polynesia                | Malaysia                     | Philippines           | Uganda                |
| Brunei Darussalam                | Gabon                           | Maldives                     | Portugal              | Ukraine               |
| Bulgaria                         | Gambia                          | Mali                         | Qatar                 | United Republic of    |
| Burkina Faso                     | Georgia                         | Marshall Islands             | Republic of Korea     | Tanzania              |
| Burundi                          | Ghana                           | Mauritania                   | Republic of Moldova   | Uruguay               |
| Cabo Verde                       | Greenland                       | Mauritius                    | Romania               | Uzbekistan            |
| Cambodia                         | Guam                            | Mexico                       | Russian Federation    | Vanuatu               |
| Cameroon                         | Guatemala                       | Micronesia (Federated States | Rwanda                | Venezuela (Bolivarian |
| Central African Republic         | Guinea                          | of)                          | Saint Vincent and the | Republic of)          |
| Chad                             | Guinea-Bissau                   | Mongolia                     | Grenadines            | Viet Nam              |
| China                            | Guyana                          | Morocco                      | Sao Tome and Principe | Yemen                 |
| China, Hong Kong SAR             | Haiti                           | Mozambique                   | Senegal               | Zambia                |
| China, Macao SAR                 | Honduras                        | Myanmar                      | Sierra Leone          | Zimbabwe              |
| Colombia                         | India                           |                              | Singapore             |                       |
| Comoros                          | Indonesia                       |                              |                       |                       |

Source: World Health Organization Global Health Observatory, Tuberculosis Incidence 2018. Countries with incidence rates of  $\geq 20$  cases per 100,000 population. For future updates, refer to <http://www.who.int/tb/country/en/>.

Have you had frequent or prolonged visits\* to one or more of the countries listed above with a high prevalence of TB disease? (If yes, CHECK the countries, above)  Yes  No

\* The significance of the travel exposure should be discussed with a health care provider and evaluated.

Have you been a resident and/or employee of high-risk congregate settings (e.g., correctional facilities, long-term care facilities, and homeless shelters)?  Yes  No

Have you been a volunteer or health-care worker who served clients who are at increased risk for active TB disease?  Yes  No

Have you ever been a member of any of the following groups that may have an increased incidence of latent *M. tuberculosis* infection or active TB disease – medically underserved, low-income, or abusing drugs or alcohol?  Yes  No

**If the answer is YES to any of the above questions**, Saint Martin's University requires that you receive TB testing as soon as possible but at least prior to the start of the subsequent semester.

**If the answer to all of the above questions is NO**, no further testing or further action is required.



- persons with no known risk factors for TB who, except for certain testing programs required by law or regulation, would otherwise not be tested.

Name

First Name

Last Name

CDC. Controlling Tuberculosis in the United States: Recommendations from the American Thoracic Society, CDC, and the Infectious Diseases Society of America. MMWR November 2005; 54 (No. RR-12): 4-5.

### 3. Interferon Gamma Release Assay (IGRA)

Date Obtained: \_\_\_/\_\_\_/\_\_\_ (specify method) QFT-GIT T-Spot other\_\_\_  
M D Y

Result: negative\_\_\_ positive\_\_\_ indeterminate\_\_\_ borderline\_\_\_ (T-Spot only)

Date Obtained: \_\_\_/\_\_\_/\_\_\_ (specify method) QFT-GIT T-Spot other\_\_\_  
M D Y

Result: negative\_\_\_ positive\_\_\_ indeterminate\_\_\_ borderline\_\_\_ (T-Spot only)

### 4. Chest x-ray: (Required if TST or IGRA is positive)

Date of chest x-ray: \_\_\_/\_\_\_/\_\_\_ Result: normal\_\_\_ abnormal\_\_\_  
M D Y

## Part III. Management of Positive TST or IGRA

All students with a positive TST or IGRA with no signs of active disease on chest x-ray should receive a recommendation to be treated for latent TB with appropriate medication. However, students in the following groups are at increased risk of progression from LTBI to TB disease and should be prioritized to begin treatment as soon as possible.

- Infected with HIV
- Recently infected with *M. tuberculosis* (within the past 2 years)
- History of untreated or inadequately treated TB disease, including persons with fibrotic changes on chest radiograph consistent with prior TB disease
- Receiving immunosuppressive therapy such as tumor necrosis factor-alpha (TNF) antagonists, systemic corticosteroids equivalent to/greater than 15 mg of prednisone per day, or immunosuppressive drug therapy following organ transplantation
- Diagnosed with silicosis, diabetes mellitus, chronic renal failure, leukemia, or cancer of the head, neck, or lung
- Have had a gastrectomy or jejunioileal bypass
- Weigh less than 90% of their ideal body weight
- Cigarette smokers and persons who abuse drugs and/or alcohol

••Populations defined locally as having an increased incidence of disease due to *M. tuberculosis*, including medically underserved, low-income populations

Student agrees to receive treatment

Student declines treatment at this time

\_\_\_\_\_  
Health Care Professional Signature

\_\_\_\_\_  
Date

# SAINT MARTIN'S UNIVERSITY

Completed forms are to be sent to:  
Saint Martin's University Student Health Center  
5000 Abbey Way SE Burton Hall 102  
Lacey, WA 98503