FOOD & NUTRITION

FOOD BANKS: Shelton - Saints Pantry ____________ 427-8847
   Hood Canal Food Bank_________________________ 877-6657
   Maloh Food Bank______________________________ 243-6123
   North Mason Food Bank, Belfair__________________ 275-4615

Food Stamps, DSHS - CSD ________________________
   Garden Raised Bounty (GRB)____________________
   Senior Nutrition Program (Meals on Wheels) ________________ 367-3697
   Women, Infants, Children (WIC) Nutrition Program ____________________ 428-9726

HEALTH / HOSPITALS / CLINICS

Catholic Hospital, North Mason ____________________ 800-232-4685 or 800-344-7342 (Spanish) or 243-283-7489 (TTY)
   Assured Home Health & Hospice ____________________________
   Care Net Regional Pregnancy Center (pregnancy testing, baby supplies) _______ 427-9711
   CHIO Regional Health Network (low income access to health services) ________ 539-7576
   Line The Crisis Clinic (The Crisis Network)______________________ 427-6970
   Emergency Room: ____________ 790-7610

Mental Health Care (walk-in, accepted medical coupons) ____________ 428-9717
   Department, Mason County - Mental Health Division: (AIDS Testing, HIV/AIDS, Case
   Management, Children’s Services, Information, Maternity, Pregnancy Testing, Support) ________
   STD Clinic, Vital Records ______________________ 427-6970 ext 400 N Mason 275-4647 ext 400
   Homecare Referral (Agency on Aging) __________________________ 800-755-6049
   Mason County Children & Youth __________________________
   Mason General Hospital ____________________________
   Olympic Peninsula, Olympic General Hospital and Expanding Women Seeking Addiction Recovery
   (24 hrs) VTD0 1-800-222-1222
   Olympia Sound Home Care & Hospice ________________________ 495-8311 or 1-888-799-7002
   Sea Mar Community Health, Medical (low income/hispanic) __________________________
   Senior Care Management (Area Agency on Aging) __________________________ 427-2225
   SHA/State Health Ins. Benef. Advisors, Mason, Mercer, Ins. Info. ____________________________
   Skokomish Indian Tribe - Health Center __________________________
   Within Reach Family Health Line ____________________________ 1-800-322-5888

HOUSING ASSISTANCE / EMERGENCY SHELTERS

Bremerton Housing Authority ____________________________
   Community Action Council (rental assistance) ____________________________
   Housing Authority, serves Mason (housing for low-income, disabled, elderly) ____________ 479-3694
   Kitsap Community Resources (shelter) ____________________________
   Mason County Shelter (emergency shelter) ____________________________
   Puget Sound Regional Interagency Planning (tribal housing) ____________________________
   Turning Pointe (domestic violence shelter) ____________________________
   SAFETY/ LEGAL / CONSUMER ASSISTANCE & SUPPORT

Civil Support Office (DSHS) ____________________________
   CLEAR Hotline (Coordinated Legal Aid Referral) ____________________________ 888-161-2014
   Consumer Protection Division, Attorney General, unfair business __________________________
   Dispute Resolution Center (mediation services) ____________________________
   Olympia Human Rights Commission ____________________________
   Human Rights Commission, WA (24 hrs) 775-8077 or 1-800-233-3247
   Turning Pointe Care (separate single women, child care services) __________________________
   Victim/Witness Assistance ____________________________
   Volunteer Legal Clinic (Eviction workshop - legal information) ________________
   Thurston County 705-8194

SENIORS

Adult Protective Services, DSHS (investigates reports of abuse) ____________________________
   Agency on Aging (info and case management) ____________________________
   Care Connection ____________________________
   Catholic Community Action (Home Care) ____________________________
   Faith in Action (supporting independent living) ____________________________
   Mason County PUD 10 (Senior and Disabled Program) ____________________________
   Old Age Assistance (Senior Citizens Program) ____________________________
   Paratransit Services of North Mason ____________________________
   Senior Activities Association (meeting place finder) ____________________________
   Services of Persons with Alcohol Problems (SAP) ____________________________
   SHA/State Health Ins. Benef. Advisors, Medicare, Ins. Info. ________________
   South Sound Care Management (care coordination) ____________________________
   Special Populations: Services & Assistance

CPLS Project at Radio Ranch (Hispanic/Latino services) ____________________________
   Catholic Community Action (Home Care) ____________________________
   College of Employment and Human Resource Dev (SEI) ____________________________
   National Suicide Lifeline (for Veterans Crisis Line) ____________________________
   Skokomish Indian Tribe - Social & Health Services ____________________________
   Squaxin Island Tribal Council ____________________________
   Veterans Benefits and Services (WA State) ____________________________

The Crisis Clinic of Thurston and Mason Counties is a non-profits IRS designated 501(c)(3) tax-exempt organization.
All donations are tax-deductible. Tax ID: 26-4355586 • Our Washington State Combined Fund Drive charity code is: 1479367
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