



WHAT IS THE PSY INTERNSHIP REQUIREMENT?

Internship is your chance to get hands-on experience in the field of Psychology!

Interns build knowledge and skills, hone interests, and prepare for future work and/or graduate study. All PSY majors at main campus complete an internship.

Best option for those interested in graduate school to be a competitive candidate!

There are 2 pathways to internship:

PSY 390: Applied Internship

In the Applied Internship, students work at a field site. Interns complete 150 hours at their field sites. Alongside your field hours, you have regular class meetings. Students meet weekly with other interns and the faculty supervisor. There is an emphasis on professional development and behavior, and ethical conduct.

Recent interns have worked at The Crisis Clinic of Thurston & Mason County, Haven House, the National Alliance on Mental Illness, and a number of local schools. You can train at any site approved by the Director of Applied Psychology Internships.



PSY 394: Research Internship

Typically students complete the research internship working directly with a faculty member on their research. Faculty supervising research interns vary in their expectations and process. Most commonly that looks like 1-2 lab group meetings per week plus regular working hours in the research lab, for a total of approximately 120 hours per semester. There is an emphasis on developing research skills and on professional development related to graduate study (as well as career development). Interns often have the opportunity to co-author professional presentations for regional and national conferences and even contribute to publications.

One regular internship is working with Dr. Coyle in the Studying Emerging Attitudes and Learning Lab →



Did you know?

The PSY 394-494 series (or completing PSY394 twice with two different faculty) qualifies you for the **optional research concentration** in the major, a line on your degree certifying your training and accomplishments in empirical research (don't forget to declare your concentration with the Registrar!).

When should I do my internship?

Most students take internship in their junior or senior year. You are eligible for PSY 390 if you have junior standing, though seniors get priority. You are eligible for PSY 394 if you have completed MTH 201 and PSY 240 already with a C- or better in each (but this can be waived in some cases). Beyond that, you might think about:

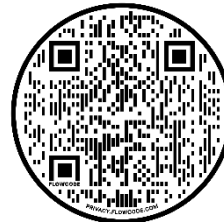
- Do you want to go to graduate school? If you want to go to graduate school, you should plan to do at least a full year of research internship. If you plan to apply for grad school your senior year, you want to have started research by or within your junior year. Some students start even earlier!
- If you are a student-athlete, you may want to register for internship in the semester you are in your off-season.

How do I register for internship?

All internship pathways are by application:

For PSY 390, complete the PSY 390 Application available from [Dr. Butler](#) (or your advisor). You will need an internship site in mind, with a spot secured by start of term.

For PSY 394, complete the faculty member's application. Dr. Coyle's [Studying Emerging Attitudes and Learning Lab](#) application can be found [here](#) →



To register for either version of internship, you need to “request instructor permission” in self-service (you’ll see the button if you go to add PSY 390 or PSY 394 to your cart). The instructor will review your request and verify you have an approved application. After permission is granted in self-service, you have to finish checking out with your cart to secure your space in the class. Space is limited!

Do you have additional questions? We’re here to help!

Dr. Mike Butler

Director of
Applied Internships

MButler@stmartin.edu



Dr. Emily Coyle

Chair of Psychology
and Director of the SEAL
Lab Research Internship

EMCoyle@stmartin.edu

