SAINT MARTIN'S UNIVERSITY

SCHOOL OF HEALTH AND ALLIED HEALTH

Shandeigh N. Berry, PhD, RN, CNE
Associate Dean
School of Health and Allied Heath
5000 Abbey Way SE, Lacey, WA 98503
Old Main 412
Sberry@stmartin.edu

Scholarly Impact: h-index 8 (Google Scholar), total citations 285
https://orcid.org/0000-0002-1681-7328

Research Focus

Perinatal loss & grief; Perinatal loss follow-up care; Traumatic grief; Trauma-informed care; Interdisciplinary care; Translational research; Social justice; Trauma-informed education.

Academic and Professional Preparation

EDUCATION

2020 **Doctorate of Philosophy** Washington State University, Spokane, WA

2016 **Master of Science in Nursing**, Western Governors University, Salt Lake City, UT

2015 **Bachelor of Science in Nursing,** Western Governors University, Salt Lake City, UT

2014 **Associate in Applied Science, Associate Degree in Nursing,**
Centralia College Nursing Program**,** Centralia, WA

LICENSE & CERTIFICATIONS

Certified Nurse Educator (**CNE**) – August 2023

Advanced Cardiac Life Support (**ACLS**) – May 2024

Basic Life Support **(BLS)** – May 2024

Certified PeriOperative Nurse (**CNOR**) – January 2017

Registered Nursing (**RN**) – July 2014

PROFESSIONAL EXPERIENCE

Leadership & Accreditation

Institute of Reproductive Grief Care, Education Department (2022-Present)

Director of Accredited Provider Programs

Teaching

Saint Martin's University, Undergraduate Nursing Program (2020-Present)

Assistant Professor

End-of-Life Nursing Education Consortium (ELNEC) Instructor

Certified Instructor, Pediatric/Perinatal & CORE

Reproductive Grief Educator – Institute of Reproductive Grief Care

Certified Instructor, Reproductive Grief Care

Centralia College, Associate of Nursing Program (2020-2021)

Adjunct Faculty Clinical Instructor

Teaching Assistantship, Centralia Community College, WA (2013-2014)

Laboratory Assistant

Clinical

Providence Centralia Hospital (May 2022 – August 2024)

Progressive Care Unit – Registered Nurse

Porter Medical Center (June 2020 – September 2020)

Operating Room Nurse – Traveler RN Circulator, Scrub

Providence St. Peter's Hospital (Oct 2014 – May 2020)

Operating Room Nurse - RN Circulator, Scrub

Providence Mother Joseph (July 2014 – October 2014)

Transitional Care Unit (RN) – Floor RN

St. Peter's Hospital (April – May 2014)

Critical Care Unit Preceptorship – ADN Student

Providence Mother Joseph (January – July 2014)

Transitional Care Unit – LPN

Providence Mother Joseph (2010-2013)

Long Term/Transitional Care Unit – CNA

SCHOLARLY ACTIVITIES

Predoctoral Research Assistantship

"A Clinician-in-the-loop Smart Home Technology to Support Heath Monitoring and Intervention for Chronic Conditions." Faculty Sponsor, Roschelle Fritz, PhD. NIH/ National Institute of Nursing Research (R01NR016732; 2016-2011). Assistant from August 2017- May 2020.

Postdoctoral Research Fellowship – Canceled due to COVID-19

"Caring for Carers: An Ethnographic Study of Family Caregivers for Cancer." Faculty Sponsor, Sureeporn Thanasilp, D.N.S., RN., Dip. APMSN. Chulalongkorn University. Supported by Arokhayasala Khampramong. Canceled June 2020.

Funded Grants

1. **Berry, S., N.** (2025). "A Follow-up Care Toolkit for Perinatal Loss." Saint Martin's University, Faculty Development Funds. $3,000 sought/$1,540 awarded. Principal Investigator.
2. **Berry, S., N.** (2024). "A Learner-Centered Approach to Foster Intellectual Capital." Saint Martin's University, Faculty Development Funds. $2,500 sought/$2,500 awarded. Principal Investigator.
3. **Berry, S., N.** (2024). "The Experience Doesn't End: Providing Follow-up Care in the Year After Perinatal Loss." Saint Martin's University, Faculty Development Funds. $2,500 sought/$1,500 awarded. Principal Investigator.
4. **Berry, S., N.** (2024). "Implementation of the Perinatal Loss Toolkit." Sigma Theta Tau International Psi-at-Large Award. $3,000.00 sought/$1,500 awarded. Principal Investigator.
5. **Berry, S., N.** Nilson, R., A., Verhoff, C. (2023). "Follow-up Care for Parents Experiencing Perinatal Loss." Washington Campus Compact Student Civic Leader Fellowship Grant. $15,000. Principal Investigator.
6. **Berry, S., N.** (2022). "A Framework for Trauma Informed Care Throughout the Perinatal Loss Experience." Saint Martin's University, Faculty Development Funds. $1,500 sought/$1,000 awarded. Principal Investigator.
7. **Berry, S., N.**, Sirs, L. (2022). "Therapeutic Poi Spinning for Men Following Perinatal Loss." Washington Campus Compact Student Civic Leader Fellowship Grant. $8,000 sought/ $8,000 awarded. Co-principal investigator.
8. **Berry, S., N.,** Severtsen, B., Davis, A., Nelson, L., Hutti, M., Oneal, G. (2019). "A Mixed Methods Examination of Parents' Lived Experiences with Anencephaly." Carl M. Hansen Foundation Award. $500 sought/$500 awarded. Co-principal investigator.
9. **Berry, S., N.,** Severtsen, B., Davis, A., Nelson, L., Hutti, M., Oneal, G. (2019). "Experiencing Anencephaly: A Parents' Perspective." Delta Chi Chapter-at-Large Scholarship Award. $1,000 sought/$1,000 awarded. Co-principal investigator.

Publications

1. **Berry, S. N.,** (Under Review). Trauma ignored: A theoretical analysis on perinatal loss care in the fourth trimester. *Journal of Loss and Trauma*.
2. Watthayu, N., Thanasilp, S., Tantitrakul, W., Schuchmann, A., **Berry, S. N.** (Under Review). Assessing Spiritual Growth in Nursing Students: A Mixed-Methods Study. *Journal for the Study of Spirituality*.
3. **Berry, S. N.,** Schuchmann, A., Watthayu, N., Thanasilp, S., (In Press). Advancing palliative education in nursing. *Online Journal of Issues in Nursing*.
4. **Berry, S. N.,** Thanasilp, S., Watthayu, N., Schuchmann, A., Tantitrakul, W. (2026). Students' lived experience in a community palliative care program. *Journal of Teaching and Learning*, *14*(34), 1-8. https://doi.org/10.1016/j.teln.2026.05.034

5. Matson, R., **Berry, S. N.,** (2026). Psychosocial care of pregnancy loss in the emergency department. *Journal of Emergency Nursing, 1*(52), 18-23. https://doi.org/10.1016/j.jen.2025.10.005
6. **Berry, S. N.,** Nilson, R., A., Verhoff, C. (2026). Exploring parental needs in the year following perinatal loss. *American Journal of Maternal Child Nursing*, *51*(3), 162-169. https://doi.org/ 10.1097/NMC.0000000000001185
7. **Berry, S. N.,** (2026, Jan/Feb). *Professional bereavement photography for perinatal loss: A mixed-methods study*. [Column]. *American Journal of Maternal Child Nursing*.
8. **Berry, S. N..** (2026, Jan/Feb). *Ethics and end-of-life in pediatric and neonatal ICUs: A systematic review of recommendations*. [Column]. *American Journal of Maternal Child Nursing*.
9. **Berry, S. N.,** (2025, Nov/Dec). *Impact of patient suffering on perinatal nurses* [Column]. *Journal of Maternal Child Nursing*, 50(6), 375. https://doi.org/10.1097/NMC.0000000000001136
10. **Berry, S. N.,** Nutter, E. (2025). An equity-centered trauma-informed approach to nursing education. *Journal of Nursing Education, 0*(0), 1-5. https://doi.org/10.3928/01484834-20250530-05
11. **Berry, S. N.,** Lazcano, S. (2025). Holistic nursing care for perinatal loss based on Swanson's theory of caring. *American Journal of Maternal Child Nursing*. *50*(9), 24-29. http://dx.doi.org/10.1097/NMC.0000000000001060
12. **Berry, S. N.,** Winsor, T., Huene, L. (2023). A framework for perinatal loss trauma-informed care. *Journal of Neonatal Nursing*. 6(29), 916-921. https://doi.org/10.1016/j.jnn.2023.08.004
13. **Berry, S. N.,** (2022). The trauma of perinatal loss: A scoping review. *Trauma Care*. *2*(3), 392-407. https://doi.org/10.3390/traumacare2030032
14. **Berry, S. N.,** (2021). Providing palliative care to neonates with anencephaly in the home setting. *Journal of Hospice and Palliative Nursing, 23*(4), 367-474. https://doi.org/10.1097/njh.0000000000000770
15. Grauerholz, K., **Berry, S. N.**, Capuano, R., Early, J. (2021). Uncovering prolonged grief reactions subsequent to a reproductive loss: Implications for the primary care provider. *Frontiers Psychology*. 1-14. https://doi.org/10.3389/fpsyg.2021.673050
16. **Berry, S., N.,** Severtsen, B., Davis, A., Nelson, L., Hutti, M., Oneal, G. (2021). The impact of anencephaly on parents: A mixed-methods study. *Death Studies*. https://doi.org/10.1080/07481187.2021.1909669
17. **Berry, S., N.,** Mako, T., Oneal, G. (2020). Qualitative interpretive meta-synthesis of parents' experiences of perinatal loss. *Journal of Obstetric, Gynecological and Neonatal Nursing*. 50, 20–29; 2021. https://doi.org/10.1016/j.jogn.2020.10.004
18. **Berry, S. N.,** (2020). Experiencing anencephaly: A parents' perspective. *Journal of Pain and Symptoms Management, 59*(2), 576.
19. **Berry, S. N.,** Colorafi, K., (2019). The impact of communication surrounding intrauterine congenital anomaly diagnoses: An integrative review. *Journal of Neonatal and Perinatal Nursing*, *33*(4), 301-311. https://doi.org/10.1097/jpn.0000000000000390

Podium / Poster Presentations (+peer-reviewed; *canceled due to COVID-19)

1. Berry, S., N. (2026, May). *A Follow-up Care Toolkit for Perinatal Loss*. PLIDA IPBC 2026, New Orleans. (+)
2. Mattson, R., Berry, S., N., Fredenburg, M. (2026, March). *A New Model of Care for Early Pregnancy Loss*. Institute of Reproductive Grief Care Symposium 2026, San Diego.
3. Berry, S., N. (2025, June 2). *A Learner-Centered Approach to Foster Intellectual Capital* [Podium Presentation]. Access, Connection, & Empowerment 2025 Symposium. American Association of Colleges of Nursing. Indianapolis.
4. Berry, S., N. (2025, March 28). *The Experience Doesn't End: Providing Follow-up Care in the Year After Perinatal Loss* [Keynote Speaker]. Institute of Reproductive Grief Care Symposium 2025, San Diego. (+)
5. Berry, S., N., Nutter, E. (2025, March 27). *A Social Justice Approach to Nursing Education* [Poster Presentation]. 2025 Nursing Education Research Conference. Washington D.C. (+)
6. Berry, S., N., Nutter, E. (2024, December 5). *An Equity-Centered Approach to Nursing Education*. 2025 National League of Nursing Symposium. New Orleans. (+)
7. Berry, S., N. (2024, May 16). *A Framework for Trauma Informed Care Throughout the Perinatal Loss Experience* [Podium Presentation]. Perinatal Loss and Infant Death Alliance, International Perinatal Bereavement Conference 2024. Chicago. (+)
8. Berry, S., N. (2023, March 22). *Creating a Trauma Informed Environment in the Reproductive Setting* [Poster presentation]. Institute of Reproductive Grief Care Symposium 2023, San Diego. (+)
9. Berry, S., N. (2022, April 15). *The Trauma of Perinatal Loss* [Poster Presentation]. Western Institute of Nursing, Portland, OR. (+)
10. Berry, S., N. (2021, June 20-22). *Follow-up care in the Wake of Perinatal Loss: Addressing a Critical Gap* [Poster Presentation]. National Association of Neonatal Nursing, Virtual. (+)
11. Berry, S., N. (2021, July 21-23). *The Paradox of Perinatal Loss, Grief, & Bereavement: A Guiding Theoretical Framework* [Podium Presentation]. Sigma Nursing Convention. Indianapolis, IN (+)
12. Berry, S., N. (2021, July 21-23). *Shared Decision-Making and Patient-Centered Care Surrounding Lethal Fetal Diagnoses* [Poster presentation]. Sigma Nursing Convention, Indianapolis, IN. (+)
13. Berry, S., N. (2021. July 20). *A Mixed-Methods Study of the Impact of a Pregnancy Complicated by Anencephaly on Parents*. Podium Presentation. Sigma's 32nd International Nursing Virtual Research Congress, Virtual. (+)
14. Berry, S., N. (2020). *Project PoppySeed*: *A Mixed Methods Approach to Understanding Parents' Lived Experience with a Pregnancy Complicated by Anencephaly* [Poster Presentation]. Western Institute of Nursing, Portland, OR. (+) *
15. Berry, S., N. (2020). *Elements Influencing Healthcare Professionals' Comfort with End-of-Life Communication: A Qualitative Study* [Podium Presentation]. Western Institute of Nursing Portland, OR (+) *

16. Fritz, S., Berry, S., N. (2020). *Rigor in Inter-Methodological Spaces* [Podium Presentation]. Western Institute of Nursing, Portland, OR (+) *
17. Berry, S., N. (2020). *Caring for Neonates in the Home Setting* [Poster Presentation]. Annual Assembly of Hospice and Palliative Medicine. San Diego, CA, (+) *
18. Berry, S., N. (2019). *The Impact of Perinatal Grief on Long-Term Health and Wellness*. [Poster Presentation]. Seattle Nursing Research Consortium, Seattle, WA (+)
19. Berry, S., N. (2019). *The Impact of Communication Surrounding Perinatal Loss*. [Poster Presentation]. Sigma Theta Tau International Nurses Honor Society, Spokane, WA (+)

Speaking Invitations

1. Providence Health & Services, Obstetric Nurse Residency Program. Perinatal Bereavement Care. February 2026.
2. Providence Health & Services, Obstetric Nurse In-Service. Perinatal Bereavement Care. February 2026.
3. Research in Action Webinar. Miscarriage Care in the Emergency Department: Evidence, Gaps, and Next Steps. February 5, 2026.
4. Healthstream Webinar. Beyond Caring – The Role of Training in Reproductive Grief Care. October 2025
5. Research Reveals Fall Series. Caring Beyond the Crisis: Research on Long-Term Trauma. October 2025
6. Research Reveals Fall Series. Insights & Innovations: Research Leaders Round Table. October 2025
7. MultiCare – Capital Medical Center, Obstetric Nurse Residency Program. Perinatal Bereavement Care. May 2025
8. Providence Health & Services, Obstetric Nurse Residency Program. Perinatal Bereavement Care. February 2025
9. MultiCare – Capital Medical Center, Obstetric Nurse Residency Program. Perinatal Bereavement Care. November 2024
10. Providence Health & Services, Obstetric Nurse Residency Program. Perinatal Bereavement Care. December 2024
11. Bruno, N., (Host), Miller, D., (Host). April 1, 2024. "Shandeigh "Nikki" Berry PhD, RN, CNE - Ayden's Aunt" Episode 13. The Blindsided. Spotify. https://theblindsided.com/2024/04/01/shandeigh-nikki-berry-phd-rn-cne/
12. Providence Health & Services Webinar. Caring For Families After Loss. *Providence Health & Services*, December 2023.
13. Research Reveals Webinar. A Framework for Perinatal Trauma Informed Care. *Institute of Reproductive Grief Care*, September 2022
14. Research Reveals Webinar. Prolonged Grief Reactions Subsequent to Reproductive Loss. *Life Perspectives Institute*, August 13, 2021
15. Round Table. Life Perspectives, May 2021

16. Virtual Spring Reception. Life Perspectives, May 2021
17. Nursing Residency/OB. Providence St. Peter's Hospital, April 2021

Textbook Chapters

1. **Berry, S., N,** (2026). Perinatal Loss, Grief, and Bereavement. In *Maternity & women's care*, 14th edition. Elsevier.
2. Fredenburg, M., Grauerholz, K., **Berry, S., N**., Ecret, E. (2023). Caring for families who have previously endured multiple perinatal losses. In Maheshwari, *Evidence based neonatology*. Elsevier.

Course Development

1. Reproductive Grief Care for Healthcare Professionals (2023). Life Perspectives Institute on Reproductive Loss. Continuing education course, 2 CEUs.
2. Caring for the Family (Person and Family unit), (2021). Association of Women's Health, Obstetrics & Neonatal Nurses (AWHONN). Continuing education course.
3. Postpartum Care and Next Pregnancy (2021). Association of Women's Health, Obstetrics & Neonatal Nurses (AWHONN). Continuing education course.
4. Supporting Parents Following a Life-Limiting Fetal Diagnosis: Guidance for Clinicians (2021). Life Perspectives Institute on Reproductive Loss. Continuing education course, 2 CEUs.

Awards

1. Student Appreciation Award (2026)
2. Club Leader of the Year Award (2026)
3. Faculty of the Year Nominee (2024-2025)
4. Faculty of the Year Nominee (2023-2024)
5. Outstanding Club Advisor Award(2023)
6. Daisey Faculty Award (2023)
7. 2021 ELNEC Excellence Award (2022)
8. Karen P. DePauw Leadership Award (2020)
9. Washington State University College of Nursing Outstanding PhD Student (2020)
10. Western Governor's University Outstanding Achievement Award (2016)

Undergraduate Research Advisement (Internal)

Spring 2024 – Testing a Perinatal Loss Toolkit for Obstetric Units

Fall 2024 – Developing a Perinatal Loss Toolkit for Obstetric Units

Spring 2023 – Enhancing Perinatal Loss Care in Perioperative Specialties

Spring 2023 – A Proposed Toolkit for Perinatal Loss Follow-Up Care

Fall 2023 – Developing a Perinatal Loss Toolkit for Obstetric Units

Spring 2022 – Therapeutic Poi Spinning for Men Following Perinatal Loss

Spring 2022 – Implementing a Miscarriage Kit in the Emergency Department

Fall 2022 – Therapeutic Poi Spinning for Men Following Perinatal Loss

Graduate Research Advisement (External)

Spring 2025 – Chaplain Support of Jewish Families Experiencing Perinatal Loss

Fall 2025 – Chaplain Support of Jewish Families Experiencing Perinatal Loss

Fall 2023 – Architectural Structures of Cardiovascular Suites

Professional Development

Continuing Education Seminars

Pedagogy: Classroom Strategies to Engage Students. *Saint Martin's University*. February 2026

Professional Development Certificate in Trauma-Informed Care. *Indiana University*. September 2025

MCN Editorial Fellowship. *American Journal of Maternal Child Nursing*. January – December 2025

AANC Diversity Leadership Institute 2025 Cohort. *AACN accredited through ANCC*. January – Jun 2025

AANC Diversity, Equity, & Inclusion Workshop. *AACN accredited through ANCC*. May 2024

ELNEC Train the Trainer: CORE. *ELNEC*. May 2022.

Trauma Informed Practice. *Trauma Informed Practice Institute*. August 2021

Moving Beyond Our Perceptual Lens: Recognizing Implicit Bias. *AACN accredited through HPNA*. Feb 2020.

ELNEC Train the Trainer: Pediatric & Neonatal Loss. *ELNEC*. October 2019

Professional Memberships

Phi Kappa Phi Honor Society – 2024

National Leage of Nursing (NLN) – 2023

Hospice and Palliative Nurses Association (HPNA) – 2019

Perinatal Loss and Infant Death Alliance (PLIDA) – 2019

Sigma Theta Tau International Nursing Society (STTI) – 2017

Western Institute of Nursing (WIN) – 2017

Association of PeriOperative Nurses (AORN) – 2014

Washington State Nurses Association (WSNA) – 2012

Professional Service

Sigma Theta Tau: Region 1 International Executive Committee (2026-present)

Pregnancy Loss and Infant Death Alliance: Research Committee (2024-present)

Institute of Reproductive Grief Care: Reproductive Loss Task Force (2021-present)

Peer Reviewer

Death Studies

Journal of Loss and Trauma
Journal of Maternal Child Nursing