

MAC 548 Crisis, Trauma, Violence, Abuse Saint Martin's University - Master of Arts in Counseling Foundations Level Peggy Zorn, MA, LMFT

SAINT MARTIN'S UNIVERSITY MISSION AND CORETHEMES

Saint Martin's University is a Catholic Benedictine institution of higher education that empowers students to pursue a lifetime of learning and accomplishment in all arenas of human endeavor. Saint Martin's students learn to make a positive difference in their lives and in the lives of others through the interaction of faith, reason, and service. The University honors both the sacredness of the individual and the significance of community in the ongoing journey of becoming.

Faith	Reason	Service	Community
By working to restore hope in the lives of people and groups effected by trauma and crisis, we help to restore a universal sense of faith.	Through assessing the safety, resources, and capacity of all individuals effected, we prioritize reason as a tool restoring safety into the community.	Through the study of crisis in social dynamics, we learn how better to serve our communities with deeply skillful and adaptable attitudes.	By aiding, rather than ignoring those most in need, we form a multifaceted, authentic, and healthy community

COLLEGE OF EDUCATION AND COUNSELING MISSION STATEMENT

The mission of the College of Education and Counseling is to prepare a dynamic inclusive community of reflective professionals who use their knowledge, skills and dispositions to positively transform the lives of those they serve.

MASTER OF ARTS IN COUNSELING (MAC) PROGRAM MISSION STATEMENT

The Master of Arts in Counseling Program (MAC) prepares professionals in the theoretical foundations and skills necessary for advanced positions in the fields of individual, couple, and family counseling. Built on a philosophy of service, intellectual hunger, fundamental respect, social justice, and a focus on the person of the counselor, the MAC program strives to embody spirit, empathic care, intellect, and wisdom. The MAC program is characterized by personal, social, and professional transformation, liberation, and enrichment.

MAC Faculty areas of interest include: anti-oppression, appreciative inquiry, access and technology, authentic leadership, collaboration, conflict as opportunity, decolonization, depth work, faith and community, indigenous wisdom, love, military families, professional identity, relational approaches to research, social change, spontaneity and creativity, subtle activism, and vulnerability. Our work strives to embody social justice through a continuing cultivation of ethical and culturally relevant methodologies. In resonance with the values of the American Counseling Association, the National Board for Certified Counselors, accrediting organizations for counseling programs, and our Catholic framework, we recognize the dominance of white/euro-centric norms and teach cultural humility by rejecting anti-immigrant rhetoric and action. We affirm the self-determination of indigenous and native communities by hearing their stories and supporting decolonization. We work to deconstruct the walls of sexism and transphobia by integrating feminist and trans-valuing theories into our practice. We actively counter

ageism, ableism, classism, racism and heterosexism in our communities by admitting their pervasiveness and implementing corrective actions. In the spirit of Benedictine sincere hospitality, we extend welcome to members of all faiths and to those who do not identify as having a religious membership.

COURSE DESCRIPTION AND CLASS FORMAT

This course describes the problem of abuse and how it affects the life of children and adults. Psychosocial and systemic considerations of the effects of crisis, disasters and personal trauma are deeply considered. The course will examine the role of society, history, and intergenerational impacts, with strategies for promoting resilience. The role of the counselor in addressing these issues and the counselor's ability to look at their own shadow and their own experiences, both as helpful and growing edges. It looks at the role of society, history and current climate as a whole in this abuse epidemic.

STUDENT LEARNING OBJECTIVES AND OUTCOME MEASURES

STUDENT LEARNING OBJECTIVES		LEARNING OUTCOME MEASURES	
1.	Students will understand the larger societal and historical frameworks for looking at the issue of trauma.	Students will display a systemic approach in all their work.	
2.	Students will learn the effects of crisis, disasters, and trauma on diverse individuals across the lifespan.	Students will write a reflective paper after interviewing a local therapist about working with survivors of trauma and crisis.	
3.	Students will create a general framework for understanding differing abilities and strategies for differentiated interventions.	Students will be able to identify two different strategies for differentiated interventions and discuss in weekly journal.	
4.	Students will understand ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan.	Student will create an effective presentation and be able to identify one or more ethical and culturally relevant strategies.	

COURSE CONTENT AREAS

These content areas will be emphasized in this course:

HUMAN GROWTH & DEVELOPMENT

- a. theories of individual and family development across the lifespan
- b. theories of learning
- c. theories of normal and abnormal personality development
- d. theories and etiology of addictions and addictive behaviors
- e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
- f. systemic and environmental factors that affect human development, functioning, and behavior
- g. effects of crisis, disasters, and trauma on diverse individuals across the lifespan
- h. a general framework for understanding differing abilities and strategies for differentiated interventions
- i. ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan

LICENSURE REQUIREMENTS

MAC 548 may meet Washington licensure requirements for behavioral science in a field relating to marriage and family therapy in area (c) individual development, see WAC 246-809-121.

MAC 548 may meet Washington licensure requirements for behavioral science in a field relating to mental health counseling in area (c) counseling individuals, (f) developmental psychology, and (p) abusive relationships, see WAC 246-809-221.

CHEMICAL DEPENDENCY PROFESSIONAL CERTIFICATION

MAC 548 Crisis, Trauma, Violence, Abuse may meet WA chemical dependency professional certification in areas (A) understanding addiction, (C) substance abuse and addiction treatment methods and (M) Chemical Dependency Counseling for Families, Couples and Significant Others WAC 246-811-030

SECTION TWO

INSTRUCTOR PEGGY ZORN, LMFT ASSOCIATE PROFESSOR

P.O. BOX 1492, SHELTON, WA 98584 Ph. 360-426-2395 Fax 360-427-7980

Email peggyzorn@gmail.com mzorn@stmartin.edu

OFFICE HOURS By Appointment CLASS DAY AND TIME: TBA BUILDING AND ROOM: TBA

REQUIRED TEXTS AND READINGS

- 1, Beattie, Melody; The New Codependency
- 2. Briere, John and Scott, Catherine; Principles of Trauma Therapy
- 3. Levine, Peter <u>Trauma and Memory</u>
- 4. Rothschild, Babette Help for the Helper
- 5. VanderKolk, Bessel; Traumatic Stress

HIGHLY RECOMMENDED TEXTS

- 1. Herman, Judith Trauma and Recovery
- 2. Mellody, Pia; Facing Codependency
- 3. Whitfield, Charles; Healing the Child Within

METHODS OF INSTRUCTION

MAC classes have a significant class-webpage component. Methods include: lectures, dyad and group discussions, student presentations, skills practice in small groups and dyads, observations (outside of class), guest speakers, use of media (films, music, etc.). The MAC program places significant emphasis on role playing to insure skills mastery and self-confidence.

STUDENT EVALUATION AND GRADING POLICY

Grading in the MAC Program does not use a deficiency model where a student begins with an "A" and loses from there. Instead, we will follow the SMU guidelines of a reward model. The baseline (average) grade for undergraduates is a "C" and for graduate students is a "B." Therefore, students start out assumed to be average (with a "B"). Those performing above the average for MAC graduate students will earn a "B+" and those showing second-mile excellence earn an "A-" (an excellent grade). A grade of "A" indicates unusual distinction.

Not all classes are taught the same way. Some use a point system where a student receives "full points" (100% or A+) on a project if that student has satisfactorily completed all parts of a project. Other classes (like this one) assess the quality of each project and a grade of 100% is unusual and reserved for truly exemplary quality. This class specifically uses the following grading scale:

A+ = 97-100 Astounding

• The work displays meritorious distinction, has sparkle & snap, is a result of significant sacrifice of some kind, and/or contains profound analysis. This grade is rare.

A = 93-96 Outstanding

The work shows second-mile effort, goes well beyond the requirements for this project, and far
exceeds MAC expectations for graduate work. It shows creativity and originality of thought, mastery
of material, and deep analysis.

A = 90-92 Excellent

The work shows excellent effort, goes beyond the requirements for this project, and exceeds MAC
expectations for graduate work. It shows good understanding of material, and excellent analysis.

B+ = 87-89 Above Average

The work shows good effort, meets or exceeds the requirements for this project, and meets or
exceeds MAC expectations for graduate work. It shows understanding of material, and good analysis.
The work is above the average for MAC students (who are very good!).

B = 84-86 MAC Graduate Average

The work meets the average for MAC students (i.e., it is very good!). The student has worked well
with the abstract concepts and meets the MAC behavioral expectations. This level represents the
standard expected of most MAC students.

B- = 80-83 Slightly Below Average

While the student has met the formal requirements, the work fails to incorporate all aspects of the
assignment or is superficial in parts. The student has not demonstrated a full comprehension of the
material and the ability to work with abstract concepts in all areas.

C+ = 77-79 Unsatisfactory for Graduate Level

The student has not met some of the formal requirements of the project. The work fails to
incorporate most of the aspects of the assignment or is superficial overall. The student has not
demonstrated adequate comprehension of the material and the little ability to work with abstract
concepts.

C = 74-76 Work that Puts a Student on Academic Probation

 The student has failed to meet most of the formal requirements of the project. The student has not demonstrated adequate comprehension of the material and little ability to work with abstract concepts.

C- = 70-73 Not a Passing Grade for a Graduate Student

The student's accomplishment leaves much to be desired. Requirements may have been cursorily
met but without indicating minimal comprehension of the material and the ability to work with
concepts. The main point of the assignment has been lost. This performance does not meet MAC
academic expectations.

D+ = 67-69 D = 64-66 D- = 60-63 F = Below 60

It is my hope and expectation that we will move beyond grades as the driving emphasis of the class. If we focus on enthusiasm, professionalism, and effort, the grades should take care of themselves.

COURSE SCHEDULE

Session 1 Overview of course, definitions of abuse

Session 2 Profile of abusive family

Readings due - Briere-Part I, Vanderkolk- Part I

Session 3 Child Abuse, Child Treatment Issues

Readings due - Rothschild- Chapter 1, Vanderkolk- Part II

Session 4 Searching for Angela Shelton, Discussion

Readings due - Rotschild- 2, Briere- 4-7

Session 5 Adult treatment issues

Readings due – Vanderkolk-6-9, Briere-8-11

Session 6 Dissociative Memory, Trauma and the Brain

Readings due – Vanderkolk- 10-13, Briere -12-14

Session 7 Codependency, Codependency and the Counselor

Readings due – Vanderkolk- 14-16, Levine- 1-5

Session 8 Sex Offenders

Readings due – Vanderkolk- 17-19, Levine -6-7

Session 9 Crisis Intervention and Debriefing Research CISD on your won

Session 10 Intimate Partner Violence

Readings due- Vanderkolk- 20-23 Levine- to end

Session 11 Intimate Partner Violence and Children

Readings due - Vanderkolk - to end, Rothschild- 3

Session 12 Historical Violence, Societal Violence

Readings due - Beattie- Sec 1 Chapter 1-4, Rothschild- 4

Session 13 Presentation – Self Harm, A case of Emergency Response

Readings due- Beattie- 5-12, Rothschild -5

Session 14 Presentations – Elder Abuse, Acquaintance Rape

Readings due – Beattie- 13-22

Session 15 Presentations – Trauma and the Military, Abuse in the Media

Readings due- Beattie, to end

Session 16 Presentation – DID, Body Focused Treatment Issues, Endings

SMU ACADEMIC CALENDAR

Classes Begin	January 14, Monday	
Martin Luther King Day (University Closed)	January 21, Monday	
Add/Drop Deadline (No Notation) Attendance Accounting Due	January 25, Friday	
Presidents Day (University Closed)	February 18, Monday	
Spring Break: No Classes, University Offices Open	March 11-15, Monday-Friday	
Mid-Term Grades Due to Registrar	March 11, Monday	
Saint Benedict's Day: University Closed	March 21, Thursday	
Advising Week: Classes Meet Students Encouraged to Schedule Meeting with Advisors	March 25-29, Monday-Friday	
Priority Registration Begins for Summer/Fall 2019	April 08, Monday	
Last Day for Withdrawal (W grade)	April 12, Friday	
Good Friday (University Closed)	April 19, Friday	
Easter Monday (University Closed	April 22, Monday	
Honors Convocation and Scholars Day	April 30, Tuesday	
STUDY WEEK – No University-Sponsored Social or Club Activities	April 29 – May 03, Monday-Friday	
Senior Commencement Fair	May 02, Thursday	
Saint Thomas Aquinas Study Day – No Lacey Campus Classes	May 03, Friday	
Final Examinations	May 06-09, Monday – Thursday	
Chancellor's Baccalaureate Mass & Hooding Ceremony	May 10, Friday	
Commencement	May 11, Saturday	
Grades Due to Registrar	May 13, Monday	

COURSE AGREEMENT

Please fill this out completely before our first class.

Na	Course Name, Semester, Year				
Pre	eferred Pronoun (optional) Age (optional) Ethnicity (optional)				
Add	dressZipEmail				
Pho	one Numbers: work home (Please indicate which numbers can be placed on a class list for students in this class.)				
Rel	lational Status (optional) Children Ages				
Presently employed? Place of Employment					
B.A	A. Degree from Major				
1.	What do you hope this course will help you accomplish? What is your curricular /learning agenda? What are your learning goals? Please be specific.				
2.	. Please describe yourself as a learner. How do you learn best? What is your learning style? Have you taken the Myers-Briggs test? (If so, please list type.)				
3.	 Please describe your previous exposure, training or education in issues of social membership, power and oppression. 				
4.	 How will you know, at the end of this semester, if you have reached your goals for this course? (Please be as specific as you can.) 				
5.	. What do you bring to this course? What will you contribute?				
6.	. Self-care is an important part of a good learning experience. Are you prepared to monitor your levels of challenge and support? How? (Please be as specific as you can.) Are you aware of your own trauma history and do you have support for that?				
7.	Are you willing to commit to being a supportive learning partner with all of us in this class? How will you do that?				
8.	There may be a class assistant offering support in this class. Will you take the opportunity to talk with them and the faculty about any concerns, challenges, or support that you might need? Is there anything you want faculty to know?				
9. I have read the syllabus and schedule. I understand it to be a contractual agreement.					
Sig	ned: Date:				

Please review and return week two

Ground Rules and Class Agreement

- 1. We want to create an atmosphere that lends itself to open discussion. Respect and confidentiality support the creation of a space where open discussion can happen.
- 2. Acknowledge that racism and sexism, as well as other forms of oppression, exist.
- 3. We cannot be blamed for the misinformation we have learned, but we will be held responsible for repeating misinformation after we have learned otherwise.
- 4. We will assume that people are always doing the best they can.
- 5. We will share information about our groups with other members of the class and we will never demean, devalue, or in any way "put down" people for their experiences.
- 6. We each have an obligation to actively combat the myths and stereotypes about our own groups and other groups so that we can break down the walls that prohibit group cooperation and group gain.

(Note: These guidelines are adapted from guidelines initially developed by Lynn Weber Cannon, Professor of Sociology, Memphis State University)

Please answer and discuss the following:

- 1. What three values do you think it is most important for us to uphold as a group?
- 2. What behaviors will support these values?
- 3. What behaviors will detract from these values? What behaviors would you see as unacceptable in the context of this class?
- 4. How do you think conflict should be handled in this class?
- 5. What does respect mean to you? What has characterized your best classroom experience?
- 6. How should we handle self-disclosure in this class? Some is good, too much is not helpful to the class. How shall I help you if I determine that you are sharing more than is necessary?

SECTION THREE

COURSE REQUIREMENTS

- 1. Complete all readings and be prepared to discuss them
- 2. Attend all classes and participate in discussions. Points will be taken off your grade for missing classes or not participating in class
- 3. Prepare a journal entry for each class. Format on Moodle
- 4. Interview with a counselor who works with abuse issues children or adults, offenders or victims. This needs to be a person who has been practicing for at least 5 years, doing direct services, and not be from your place of work. Write a synopsis of your interview as well as a response to what you heard. Due xx 5-7 pages
- 5. You will be given a vignette and be required to write up 5 sessions of counseling as well as a treatment plan. You will write up these sessions as if they have happened as well as your plan for continued treatment. Due xx 7-10 pages
- 6. You will do a presentation on a specific topic. You will work with a group of 2-3 other students. Your presentation will be one hour and will include lecture, visual aids and a time for questions. You will turn in a bibliography to me.
- 7. You will be responsible for watching one movie about some sort of abuse and writing a review of it focusing on types of abuse shown and how realistic/unrealistic it was Due xx 3-5 pages
- 8. You will write a 3-5 page culminating paper talking about your process during this class. How did you experience vicarious traumatization? How did you help yourself during this process? What was your self-care? Due xx

ASSIGNMENT POINTS

Journals	10 points
Interview	15 points
Case	20 points
Presentation	20 points
Movie Review	10 points
Culminating Paper	10 points
Professionalism	15 points

ATTENDANCE, PARTICIPATION, & PROFESSIONALISM

First day of class:

Missing the first day of class or being 30 minutes or later to the first day of class will result in you being dropped from the class. This is non-negotiable.

Moodle Participation

You are expected to complete/view **all** postings, readings, PPTs, movies, and videos posted on the Moodle weekly assignments. This will be graded under participation and professionalism. You are also expected to view the "Counseling Couch" **at least** once a week.

Attendance is an essential aspect of any graduate-level class. MAC faculty members do not merely teach out of the textbooks, but have additional material that is vital to hear. You cannot "make up" an absence by getting notes from another class member. In fall and spring semesters, one missed class is equal to an entire week of an undergraduate class; in the summer, it is equal to two weeks. Of course, illness, family emergencies, and professional opportunities happen. Such problems and/or opportunities always involve costs. Academic grades are just another, normal, obvious part of those costs. It is unrealistic to hope that absences, even "legitimate" ones, will have no consequence since they represent lost classroom work, missed lectures/materials, and group process foregone. Nor can absences be made

up by extra papers or assignments, which would not be fair to other students. Simply put, the higher the number of absences, the greater the costs. However, students are expected to monitor their own attendance, just as they would out in the working-world. Please do not shift the burden to faculty, putting them in the position of policemen or school teachers being given doctor's notes. Attendance will be reflected in the attendance grade - normally at an automatic minimum of 5 points loss per absence, an additional 2 points loss for professionalism, and 3 points loss for participation, for a total of 10 points lost per absence. In other words, attendance will figure significantly in your total semester grade. Please understand what this means. Two or more tardies will result in a loss of 1 professionalism and 2 participation points automatically for a total of 3 points lost. At the end of each semester, at least one student is horrified that we really meant what is presented here; **we do mean it**.

You will have the opportunity to earn up to 20 "participation and professionalism" points by the way you approach the material, your fellow students, and the instructor. The MAC faculty members are not just teaching course content, but are also training mental health professionals. For that reason, a significant portion of the grade is based on student participation and professionalism. Along with demonstrated skill and mastery in areas of academic content, a portion of your participation/professionalism grade will be based on an evaluation of certain behavioral and attitudinal expectations. The most loss of points will be for skipping of readings or activities -- especially PowerPoints and YouTube videos created by the instructor. That is like missing classroom lectures and being absent. Points will also be lost for failure to post, "flaming" posts, lateness, failure to consider other ideas, disruptive behaviors, undermining the learning environment, showing lack of respect to peers or instructor, chewing gum, clicking pens, and the like.

The following will have a definite and significant impact on the attendance, participation, and professionalism part of your final grade:

- Degree to which work is edited, proofread, free of style errors, and meets the standards of a graduate program (see <u>Chpt 4 & 5</u>: in the "<u>Student Handbook"</u> on the MAC webpage)
- Whether work is submitted in a timely manner
- Degree of professionalism in demeanor and self-presentation
- Attendance at all class sessions especially extent of "non-excused" absences
- Involvement in out-of-class events (such as dyad meetings and group participation)
- Degree of promptness to class either at the beginning of class or in coming back from breaks, etc.
- Strict avoidance of any kind of ethical or legal violations
- Extent of enthusiastic and positive exchange with fellow students and the teacher
- Ability to ask questions and offer comments that further class discussions and Moodle Forum discussions.

For more details on grading policies and professionalism expectations of the MAC program, please visit the MAC website and utilize your Student Handbook.

SMU AND MAC POLICIES

GRADE REQUIREMENT

MAC students are expected to maintain a grade point average of 3.0 ("B") or better in their coursework and to receive a grade of at least a "C+" in any MAC course. Students whose cumulative grade point average falls below 3.0, or who receive a grade of "C" in any single class, will be placed on immediate academic probation and their candidacy reviewed by the core MAC faculty. A student who: 1) fails to return the grade point average to a 3.0 by the end of the next semester, or 2) receives two grades of "C," or 3) receives any grade lower than a "C" in any class may be withdrawn from the MAC Program and from Saint Martin's University.

CONFIDENTIALITY POLICY

Confidentiality is an essential principle in all MAC courses. Because at times we may discuss highly personal material and actual clients, we will hold to standards of strict confidentiality. This means that what is said in class must stay in class.

IN CASE OF EMERGENCY OR SCHOOL CLOSURE

In case of unexpected instructor absence, every attempt will be made to notify you via email or phone call prior to the class session. Please also check my website/moodle. In case of inclement weather or school closure emergency – please review status on the university website.

ACCESS AND ACCOMMODATIONS

Your experience in this class is important to me. If you have already established accommodations with Disability Support Services for Students (DSS), please communicate your approved accommodations to me at your earliest convenience so we can discuss your needs in this course.

If you have not yet established services through DSS, but have a temporary health condition or permanent disability that requires accommodations (conditions include but not limited to: mental health, attention-related, learning, vision, hearing, physical or health impacts), you are welcome to contact DSS at 360-438-4580, dss.testing@stmartin.edu, or smu.dss@stmartin.edu. DSS offers resources and coordinates reasonable accommodations for students with disabilities and/or temporary health conditions. Reasonable accommodations are established through an interactive process between you, your instructor(s) and DSS. It is the policy and practice of the Saint Martin's University to create inclusive and accessible learning environments consistent with federal and state law.

ACADEMIC INTEGRITY POLICY

Saint Martin's University is a community of faculty, students and staff engaged in the exchange of ideas in the ongoing pursuit of academic excellence. Essential to our mission is a focused commitment to scholarly values, intellectual integrity and a respect for the ideas, beliefs and work of others. This commitment extends to all aspects of academic performance. All members are expected to abide by ethical standards both in their conduct and their exercise of responsibility to themselves and toward other members of the community. As an expression of our shared belief in the Benedictine tradition, we support the intellectual, social, emotional, physical and spiritual nurturing of students.

Acts of academic dishonesty, plagiarism and cheating are considered unethical actions and a violation of university's academic policy. Please make sure you are citing all sources and doing your work individually unless otherwise instructed. Students in the MAC Program are expected to hold the highest ethics which includes ethics in writing. Plagiarism, intentional or unintentional, will result in consequences. Copying another student's paper or helping another student write a paper are examples of academic dishonesty. Consequences will range from a 0 on the assignment to dismissal from the MAC Program.

ATTENDANCE POLICY

Attendance is an important aspect of overall professionalism. In fall and spring semesters, one missed class is equal to an entire week of an undergraduate class. In the summer it is equal to 2 weeks. Of course, illness, family emergencies, and professional opportunities happen. Such problems/opportunities always involve costs and academic grades may be part of that cost. It is unrealistic to hope that

absences, even "legitimate" ones will have no consequences since they represent lost classroom work, missed lectures and group/class process. Nor can absences be made up by extra papers or assignments which would not be fair to other students. We expect students to monitor their own attendance as part of overall professionalism. Please do not shift the burden to the faculty, putting them into the position of police or judges.

Please do not come to class ill, especially if you are contagious. You can arrange with a classmate to skype or facetime in. There may be times that format will have to be turned off.

POLICY ON BABIES IN CLASS

It is the policy of the MAC Program to not have babies or children in classes. We do, however, want to support parents of infants. If you have someone to be on campus with your baby you can leave class to tend to the baby when needed.

SEXUAL MISCONDUCT/SEXUAL HARASSMENT REPORTING

Saint Martin's University is committed to providing an environment free from sex discrimination, including sexual harassment and sexual violence. There are Title IX/sexual harassment posters around campus that include the contact information for confidential reporting and formal reporting. Confidential reporting is where you can talk about incidents of sexual harassment and gender-based crimes including sexual assault, stalking, and domestic/relationship violence. Confidential Reporters at Saint Martin's include – Dr. Emily Coyle, Assistant Professor of Psychology, Angela Carlin, Director of Campus Ministry, and Kelly Simmons, Director of the Counseling Center. This confidential resource can help you without having to report your situation formally unless you request that they make a report. The formal reporting process is through the following individuals: Dean of Students – Ms. Melanie Richardson, Associate VP of Human Resources – Ms. Cynthia Johnson, Director of Public Safety – Mr. Will Stakelin, or the Interim Provost | Vice President of Academic Affairs – Dr. Kate Boyle. Please be aware that in compliance with Title IX and under the Saint Martin's University policies, all educators must report incidents of sexual harassment and gender-based crimes including sexual assault, stalking, and domestic/relationship violence. If you disclose any of these situations in class, on papers, or to me personally, I am required to report it.

CENTER FOR LEARNING, WRITING, & ADVISING

The Center for Student Learning, Writing and Advising offers free academic services for all Saint Martin's students at all levels of achievement in pursuit of intellectual growth and academic excellence. The Learning Center is home to the STEM Study Center which provides subject area peer tutoring (science, technology, engineering, and math as well as business/ accounting/economics, and world languages). At the Writing Center, students meet with trained peer readers to discuss their academic, personal and professional writing. The Advising Center works with students with academic advising, connecting with campus support resources, transition and self-exploration guidance, personalized academic improvement plans, learning workshops, and support major change. The Advising Center staff also works closely with the University's Early Alert Program — a referral system that supports student success. Saint Martin's Disability Support Services is located in the Center for any student with a disability who is interested in using their accommodations. These students can connect with the Disability Support Services Coordinator who will evaluate the documentation, determine appropriate accommodations, and serve as a learning resource and advocate with assisting students in meeting their academic goals. https://www.stmartin.edu/academics/academic-resources/center-student-learning-writing-and-advising

COUNSELING AND WELLNESS CENTER

The Counseling and Wellness Center (CWC) is committed to helping you meet the challenges of life you may experience during college. The CWC promotes and enhances the health and development of students through professional mental health services, education and training. Integrating faith, reason and service, we empower you to develop self-awareness, knowledge and skills, necessary to make healthy choices and build relationships in a multicultural world. Integrating faith, reason and service, the CWC empowers students to develop self-awareness, knowledge and the skills necessary to make healthy choices and build relationships in a multicultural world. https://www.stmartin.edu/directory/counseling-and-wellness-center.