

Name (print): _____

Date of Birth: _____

Today's Date: _____

| | | | |
|---|----------------|---------|------|
| Current Address (include city, state and ZIP code) | | | |
| Current Phone Number (include area code) | Home: Cell: | Office: | |
| Current Email Address | | | |
| Preferred Method of Contact | Email | Phone | Mail |
| Address on file with your insurance? (include city, state and ZIP code) | | | |
| Emergency Contact Name and Relationship | | | |
| Emergency Contact Phone Number (include area code) | | | |

| GENERAL INFORMATION | | | | | |
|--|---|----------------------|----------------------------|----------------------|----------|
| Marital status (check one) | Single | | Married | | Divorced |
| Status (check one) | 1 st year | 2 nd year | 3 rd year | 4 th year | |
| | Graduate Student | | ESL | Faculty | Staff |
| Are you in the U.S. military? | Yes | | No | | |
| Are you a Veteran with medical benefits? | Yes | | No | | |
| What is your SMU major? | | | | | |
| Are you an international student? | Yes | No | What is your home country? | | |
| Are you an SMU athlete? | Yes | No | What sport(s)? | | |
| ETHNICITY (mark all that apply) | | | | | |
| American Indian or Alaska Native | Hispanic | | | Non-Resident Aliens | |
| Asian | Multi-Ethnic | | | Undisclosed | |
| Black or African American | Native Hawaiian or Other Pacific Islander | | | White | |
| HEALTH INSURANCE INFORMATION OR PROVIDE YOUR CARD | | | | | |
| Insurance company's name: | | | | | |
| Group Number: | | | Identification number: | | |
| Relationship to policyholder (self, spouse, parent, child, etc.) : | | | | | |

Is this insurance through:

| | |
|--------------------------|----------------------|
| _____ SMU Plan | _____ Your Parent(s) |
| _____ Parent(s) Employer | _____ Your Employer |
| _____ Military | _____ Other |

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1. List all current medications (prescription strength and supplements): _____

2. Please record if you have been hospitalized or had surgeries in the past (*and year occurred*):

Appendectomy Orthopedic Surgery Tonsillectomy Other: _____

3. Please record any personal or family history of illnesses:

| | Self | Family | | Self | Family |
|----------------------------|------|--------|------------------------------|------|--------|
| Diabetes | | | Kidney or Liver Disease | | |
| Heart Disease/Heart Attack | | | Depression or Anxiety | | |
| High Blood Pressure | | | Lung Condition (i.e. Asthma) | | |
| Cancer | | | Other: _____ | | |

Cholesterol screening is advised for persons 20 years of age and older who have diabetes, heart disease, high blood pressure, obesity (BMI >30), who smoke, have a family history of cardiovascular disease in male relatives younger than 50 or female relatives younger than 60.

If this applies to you, would you like your cholesterol checked? Yes No

4. Do you have any known allergies? _____ Yes No

5. If your B/P is greater than 135/80 you are at increased risk of Diabetes.
 If this is your blood pressure would you like to be screened for Diabetes? Yes No

6. Have you smoked at least one cigarette in the past 30 days? Yes No
 If yes to above, are you interested in quitting? Yes No

7. Over the past two weeks, have you felt down, depressed or hopeless? Yes No
 Over the past two weeks, have you felt little interest or pleasure in doing things? Yes No

8. During the past two weeks have you had five or more (for men) or four drinks or more (for women) containing alcohol (beer, wine or liquor) in a row, on at least one occasion? Yes No
 In a typical week, do you drink on 3 or more occasions? Yes No

9. The CDC recommends all persons who have been sexually active to be tested for HIV.
 Would you like an appointment for STI testing? Yes No

10. Women 21 and older are recommended to have PAP smears every 2 – 3 years.
 Women 25 and younger are recommended to be tested for Gonorrhea and Chlamydia.
 Would you like a Women's Health appointment? Yes No

 Patient Signature

 Date

Optional Health Care Release of Information for Disclosure to Family or Other Individuals

I, _____, authorize Saint Martin's University Student Health Center to disclose the following health care information: (please check box)

All health care information in my medical record, this **DOES NOT** include HIV/STD/Psychiatric/Drug/Alcohol related information.

All health care information in my medical record, this **DOES** include HIV/STD/Psychiatric/Drug/Alcohol related information.

Appointment information.

Test results.

Other (x-rays, bills, etc.) please specify.

Information may be shared with the following individuals:

Name

Relationship

Patient Signature

Printed Name

****This authorization is valid until Saint Martin's University Student Health Center receives written revocation from the patient.**

This form will be retained in your medical record. Requests for changes may be made at any time.