

# HEALTH/FITNESS—Grades P-12, Competency-based Endorsement (Effective June 1, 2013)

(WAC 181-82A) For a competency-based endorsement, the student must have completed College of Education requirements for Washington State Residency Teacher Certification in elementary education and/or secondary education, knowledge/skills equivalent to a “major” (i.e., 30-45 semester credits) in the endorsement area and related areas and/or approved waiver documentation; passed the WEST-E test in the appropriate endorsement area (see below); complete appropriate methods courses, and be observed teaching.

KEY: \* = one course from those marked with one “\*\*” may be waived with successful passing of appropriate WEST-E test(s).  
 \*\* = one additional course from courses indicated with one “\*” or two “\*\*” may be waived for exceptional cases, only.  
 Submit the completed application form, including necessary signatures, for approval to the Education Office.

The following areas are competencies required to obtain this endorsement. For specific Knowledge/Skills for each Competency, please refer to the set of Competency-based Endorsement Documents available from the Saint Martin’s University Bookstore.  
 Copies of individual Competency-based Endorsement Documents are also available on the OSPI Website (<http://program.pesb.wa.gov/add-new/endorsement/list>)

- |                           |                              |                       |                               |
|---------------------------|------------------------------|-----------------------|-------------------------------|
| 1. Content Knowledge      | 4. Management and Motivation | 7. Learner Assessment | 10. Collaboration             |
| 2. Growth and Development | 5. Communication             | 8. Reflection         | 11. Instructional Methodology |
| 3. Diverse Learners       | 6. Planning and Instruction  | 9. Technology         |                               |

Competencies 1 -11 are also covered in certification core/ methods/practica/internship courses.

- Complete the chart below and submit to the College of Education Office within 1 month after acceptance to a teacher certification program.
- Official transcripts for all courses (Grades of “C” or above) must be provided in addition to the following information.
- Waiver documentation must accompany this form for Competency Areas not covered by coursework.
- WEST-E tests must be taken and passed prior to certification for all endorsements earned beginning September 1, 2005.

### For Office Use Only:

\_\_\_\_\_ Letter of Acceptance Date

The following have been completed:

\_\_\_\_\_ All Endorsement Competencies Met

\_\_\_\_\_ WEST-E Score \_\_\_\_\_

\_\_\_\_\_ Appropriate Methods Courses

\_\_\_\_\_ Observation of successful teaching in the endorsement area or related area

\_\_\_\_\_ Dean’s Signature or Designee \_\_\_\_\_ Date

Course Prefix, Number, and Title Saint Martin’s University	Course from Other College/Univ.	Year Taken	College/University or Waiver Documentation (attach)	# Credits – indicate if Sem or Qtr	Course Grade	Endorsement Competency Areas (See Above)	Advisor Approval
ED205/MED 607 * Child & Adolesc. Dev/ Found. Edu.						1,2,8	
ED 426 / MED 526 Methods of Teaching Language Acquisition						1,3,5,8,10	
SED359/MED559 Introduction to Exceptionality						1,2,3,6,7,10,11	
PE202, PE203 or PE204 ** Basketball Theory, Baseball Theory, or Methods of Coaching Track & Field						2,3,6,7,10	
PE301 Foundations of Physical Education						1,2,3,4,5,6,7,8,10	
PE302 School Health Education						1,3,4,5,6,7,8,10	
PE310 First Aid & Athletic injuries						1,2	
PE345 or PE430 Psych & Phil Coaching or Org.Admin of PE						1,3,4,5,6,8,10	
PE400 Kinesiology						1,8	
PE401 Exercise Physiology						1,4,6,8	
ED 429/MED529 Arts & Movement OR ED 484/584/ED487/587 Secondary Methods						2,3,4,6,7,8,10,11	

### Affidavit

I certify (or declare) under penalty of perjury under the laws of the state of Washington, that the foregoing is true and correct.

\_\_\_\_\_ Date

\_\_\_\_\_ Print Name

\_\_\_\_\_ Signature

Advisor \_\_\_\_\_ Date \_\_\_\_\_