

**Saint Martin's University Core Requirements
Undergraduate Advising Worksheet Starting Fall 2019**

Student name _____ Advisor _____

Core Curriculum: AA-DTA (<i>Direct Transfer Agreement</i>)? _____			
<i>COR110 and COR340W are not fulfilled with AA-DTA degree and are required of all transfer students.</i>			
Foundations	Credits	Sem & Yr	Grade
First Year Seminar COR100	4		
Religious Studies COR110	3		
Critical Reading and Writing COR120 *	4		
Quantitative Reasoning or Applied Mathematics COR130 **	3		
World Languages and Cultures COR140C, COR140F, COR140J, COR140R, or COR140S *** (choose 1)	4		
Conversatio Seminars ****			
<i>At least one of the following must be writing-intensive. Courses that are writing-intensive will be designated with a "W" and include an additional credit hour. It is highly recommended that students have taken COR120 or the equivalent before registering for a writing-intensive course.</i>			
Humanities COR210D, COR210P, COR210R, or COR210Y (choose 1)	3 or 4		
Social Sciences COR220C, COR220E, COR220G, COR220J, COR220P, or COR220S (choose 1)	3 or 4		
Natural Sciences with Laboratory COR230B, COR230C, COR230E, or COR230P # (choose 1)	4		
Artistic and Creative Expression COR240A, COR240M, or COR240T (choose 1)	3 or 4		
Historical and Political Studies COR250H, COR250P, or COR250U (choose 1)	3 or 4		
Ora et Labora Seminars ****			
<i>Choose two of the following, of which at least one must be writing-intensive. Courses that are writing-intensive will be designated with a "W" and include an additional credit hour. It is highly recommended that students have taken COR120 or the equivalent before registering for a writing-intensive course. All transfer students are required to take COR340W. Transfer students with a DTA need only take COR340W of the Ora et Labora Seminars.</i>			
COR310, COR320, COR330, COR340 (choose 2)	3 or 4		
	3 or 4		
Capstone COR400			
<i>A culminating experience for students cross listed with their major capstone or senior research project.</i>			

Total credits (7-42) _____

- * Transfer students need to have taken both ENG 101 and 102 (or the equivalent) to satisfy the COR120 requirement.
- ** Students who take a Math course numbered from 121 through 201 will have satisfied the requirement for CORE 130.
- *** World languages offered are: Chinese, French, Japanese, Russian and Spanish. Transfer students need to have taken both 101 and 102 (or the equivalent) to satisfy the COR140 requirement. Students pursuing a B.S. are not required to take a World language.
- **** See page 2 for seminar descriptions.
- # Students whose major requires a Natural Science with a lab do not need to take COR230.

Choose one (1) 200-level Core course designated with a “W”. It is highly recommended that students have taken COR120 or the equivalent before registering for a writing-intensive course.

COR210* Humanities (3)/COR210*W: Writing Intensive (4)

An interdisciplinary seminar that considers important questions, problems or issues arising in the Humanities, with a view to introducing students to humanistic modes of inquiry.

COR210D – World Languages
COR210P – Philosophy
COR210R – Religious Studies
COR210Y – Literary Studies

COR220* Social Sciences (3)/COR220*W: Writing Intensive (4)

An interdisciplinary seminar that considers important questions, problems or issues arising in the Social Sciences, with a view to introducing students to socio-scientific modes of inquiry.

COR220C—Communication Studies
COR220E – Economics
COR220G – Gender & Identity Studies
COR220J -- Criminal Justice
COR220P – Psychology
COR220S – Society & Social Justice

COR230* Natural Sciences with Laboratory (4)

An interdisciplinary course with a laboratory that considers important questions, problems or issues arising in the Natural Sciences, with a view to introducing students to various scientific modes of inquiry.

COR230B – Biology w/ Lab
COR230C – Chemistry w/ Lab
COR230E – Environmental Science w/ Lab
COR230P – Physics/Astronomy w/ Lab

COR240*Artistic and Creative Expression (3)/COR240*W: Writing Intensive (4)

A seminar that introduces students to the importance of the arts and artistic expression. May include a creative and/or self-expressive component.

COR240A – Artistic Studies
COR240M – Musical Studies
COR240T – Theatrical Studies

COR250* Historical and Political Studies (3)/COR250*W: Writing Intensive (4)

A course that considers the origins and development of the United States as a civilization and a nation, with a view to introducing students to historical and political modes of inquiry.

COR250H – World History
COR250P – Political Science & Geography
COR250U – US History

Choose one (1) 300-level Core course designated with a “W”. It is highly recommended that students have taken COR120 or the equivalent before registering for a writing-intensive course. All transfer students must take COR340W

COR310 Community: The Call to Serve the Common Good (3)/COR310 W: Writing Intensive (4)

Throughout its long history, the Benedictine monastic tradition has maintained an abiding commitment to community. This commitment involves cultivating a profound awareness of being rooted in and responsible to a particular place, as well as an ethic of mutual labor and service. This practical focus on community building finds its expression at Saint Martin’s in an attempt to forge connections between the individual and the communal, the local and the global, the past, present and future. This interdisciplinary seminar explores issues confronting global communities and situates them in their social, cultural, and/or historical context.

COR320 Hospitality and Openness to Others (3)/COR320 W: Writing Intensive (4)

Benedictines take tremendous pride in their hospitality. When an outsider arrives at the monastery, every effort is made to ensure the guest feels at home. In the context of the Catholic Benedictine intellectual tradition, hospitality enjoins us to be open-minded, to recognize the needs, talents and gifts of others, and to be transformed by engaging with people different than ourselves. This seminar explores questions of otherness and alterity from an interdisciplinary perspective.

COR330 Stewardship: Responsible Use of Creation (3)/COR330 W: Writing Intensive (4)

The Rule of Saint Benedict expresses reverence toward God’s creation and demands respectful interactions with the natural world. As a Benedictine university, Saint Martin’s is committed to fostering an awareness of our own ecological ethics. This seminar explores environmental issues and questions of sustainability from an interdisciplinary perspective.

COR340 Ethics and the Dignity of Work (3)/COR340 W: Writing Intensive (4)

A seminar on critical philosophical inquiry of the human condition, right conduct, and problems of rationality, primarily focused on the western intellectual tradition with respect to the Benedictine experience of assiduous study in relation to prayer, work, and community.