



Saint Martin's UNIVERSITY



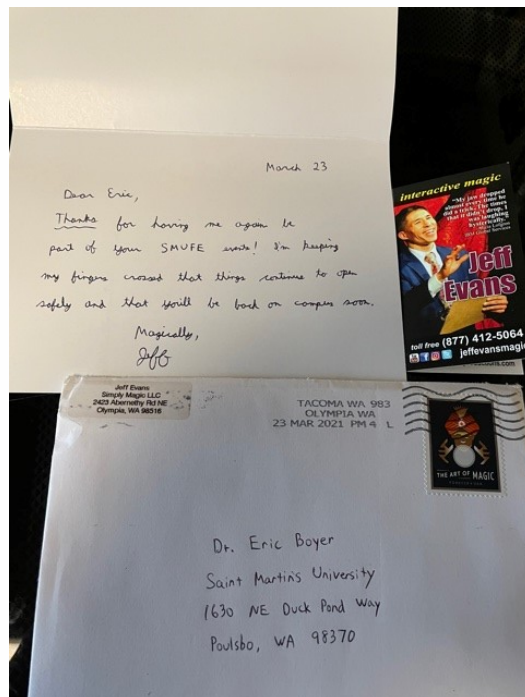
MAY 2021 | SPRING EDITION

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SMUFE'S MAGIC SHOW WITH JEFF EVANS

SMUFE keeps the magic alive on campus by
inviting comedian/magician Jeff Evans



Saint Martin's University Future Educators (SMUFE) hosted an event March 11, 2021, with Jeff Evans, the magician and comedian who has been to Saint Martin's University numerous times - despite Covid-19.

The Zoom call was open to those needing respite during quarantine, but also showed future educators how they can utilize clean comedy and the power of magic to teach their students.

The event was well received and we hope to see Jeff Evans back again soon to continue teaching and entertaining our students and future educators!

Please address all
questions and
comments to our
editor, Olivia Holden at
oholden@stmartin.edu

EDUCATION DEPARTMENT TOWN HALL AND FORUM

CEC launches it's first annual Town Hall and PEAB Forum to gain program feedback

The Education Department on April 6, 2021, held it's first annual Student Town Hall to gain feedback on a range of topics including: advising, experiences, opportunities, social justice, equity, and course offerings.

Rooted in improvement for students, this session offers up valuable information for a new two-year schedule as well as student support measures to ensure that they are prepared through their academic journey. Students expressed their excitement to be able to share their experiences with peer group leaders from graduate-level programs, and their hopes that their feedback would be used to help future students in the program.

The Education Department also held a focus group forum with School Administration Graduates and PEAB (Profession Education Advisory Board) to gain additional feedback. Similar to the Town Hall, this session focused on improvements to support our community educators through development opportunities, examined resources for new teachers entering the field, how to support educators at every level, community engagement and partnerships, and social-emotional needs.

The information will be compiled and presented by Fall 2021.

EDUCATION DEPARTMENT INTERNSHIP CELEBRATION

The celebration must go on! The CEC held it's Spring 2021 Internship Celebration over Zoom



The Education Department on April 30, 2021, held their bi-yearly internship celebration to spotlight the achievement of those soon to graduate and complete their programs!

The internship saw many student mentors, supervisors, and students in this celebratory Zoom call, along with guest speaker Joanne Cecchini, a 2017 Saint Martin's University Administration Certification graduate and current principal of Christ the King School in Seattle. The celebration ended with the announcement of students' names who attended, and were remembered by those who supported and traveled along with them in their journey with a series of stories and congratulations.

As Joanne said in her speech to students:

"Tonight marks a great milestone in your life, a rite of passage into something bigger than yourself... I believe that you already have all that you need. I am confident you are ready for anything! Because you have dared to believe that you were born to teach, you are already on your way to realizing your greatness."

STUDENT SPOTLIGHTS



Many students were nominated for awards this year, as well as for a new award for our MiT (Masters in Teaching)! Here are the awards and students that received them.

The *Cady Awards* were established by Dr. Lillian Cady in memory of her grandparents, Warren and Lillian Cady, and her parents, Howard and Elsie Cady, who inspired her to discover the excitement and joy of learning and teaching.

The 2021 Cady Achievement Award went to Kayley King, and the 2021 Cady Inspirational Award went to Lexus White!

The *Paff Scholarships* were established by Lloyd and LaVerne Paff in honor of their daughter and special education professional, Shereen Paff. The scholarships honor Ms. Paff's memory and ensure that her dedication to special needs children is passed on to future special education teachers.

The 2021 Paff Scholarship went to: Grace Hamre, Karina Alvarado, Julie Bannan, Hannah Carlson, Lisa Boswell, Olivia Bianco, and Mary Green!

And last but certainly not least, Dr. David Huang established the *Ruth Lin Huang Scholarship* in memory of his late wife, Ruth Lin Huang, who enjoyed teaching young children. The scholarship goes towards someone enrolled and accepted in the Masters in Teaching program with an emphasis on elementary education, to honor her.

The recipient of the 2021 Ruth Lin Huang Scholarship goes to Sweekriti Apple!

All students were honored on April 27, 2021, during the annual Honor's Convocation held after Scholar's Day. Congratulations to everyone who won these recognitions, awards, and scholarships.



STUDENT SPOTLIGHTS

Student's in MED 698: *Integrating Theory and Practice in Education*, the Capstone Course, had a very productive year with an array of projects. Here are some of their projects:

Tia Gass

Justitia: Expression, Pedagogy and Power in Undergraduate Writing Centers

This study looks into how tutor training curricula are structured at several local universities in Washington. It analyzes the relationships between theory, practice and equity in writing center tutor training programs.

Samantha Fleury

To Train or Not to Train – That Is the Question. A Study on Effective Special Education Paraeducator Training

This study investigates gaps in training for Special Education Paraeducators, including the implementation of behavioral and academic interventions.

Julie Bannan

What is the Relationship between Educator Training on Assistive Technology Devices, Student Use, and the Student's Academic Success?

This study is intended to discover what training needs educators require in public school settings to better serve students with visual impairments.



Grace Hamre

Anxiety with Online Learning - Students' Perspective

This research obtains a first person narrative of the factors contributing to anxiety related to online learning for middle school students who receive Special Education services

Claudia Rodríguez

Challenging System Actors: Engaging BIPOC and ELL Families in Authentic Collaborations to Educate Students (FACES)

Using an auto-ethnography approach and theoretical frameworks like funds of knowledge and critical race theory, I am developing a foundation to lesson planning that includes local family experiences.

Jesyka Anastasio

6th Grade Music Conducting: A Curriculum for Improving Recognition, Reaction, and Academic Fluency

The implementation of this curriculum will bridge the division of movement-based learning from elementary to high school and college for music education while developing a delivery system for informing student fluency in the language of gestural music symbolism (conducting).

STUDENT SPOTLIGHTS



Students Completing the Higher Education and Student Affairs Masters of Education that completed their degree are continuing in their paths!
Here are where our students are landing...

2020 Graduate/Job Placement

Joohee Yoon, HESA M.Ed.
Unitek College
Registrar

2021 Graduates/Job Placements

Natalie Hull, HESA M.Ed.
Spokane Community College
Disability Support Services Program Coordinator

Carina Bissett, HESA M.Ed.
Saint Martin's University
Internship Navigator
Business, Engineering/Computer Science, & Education

Ashleigh Withey, HESA M.Ed.
Saint Martin's University
Academic Advisor, O'Grady Library Center for Student Success

Congratulations HESA graduates!!!

CEC FACULTY NEWS

CHAIR OF EDUCATION DEPARTMENT DR. LINDA MAIER & HER UPDATES!



Dr. Linda Maier had several updates to share:

On March 18th, 2021, interns from the Teacher Education Program and the School of Administration Program connected on Zoom for mock interviews. Principal interns provided immediate feedback to teacher interns and their responses to interview questions in small groups in breakout rooms. These mock interviews are a valuable exercise for both sets of interns. Interns expressed their strong appreciation for this event and opportunity.

The Leading for Equity grant initiative continues to move forward. On Tuesday, March 16, Saint Martin's University hosted a virtual gathering of our grant partners. It included representatives from North Thurston Public Schools, Olympia School District, Tumwater School District, Bethel School District, Yelm School District, Tacoma School District, The Association of Washington School Principals, Educational Service District 113, Erin Jones, Independent Education and Systems Consultant, along with SMU faculty and staff. This grant funds the creation of professional development modules that will be used with university supervisors and mentors of both teacher and principal interns. It is a collaborative partnership in advancing equity and challenging institutional racism in policies, practices, and pedagogy.

Several Information Sessions were held virtually this semester for students interested in learning more about our School Administration Program. There are two options for students: a post-masters certificate pathway, or a Master of Education Degree with a School of Administration emphasis. Either option leads to Washington State Residency Principal or Program Certification.

Dr. Linda Maier virtually attended the annual American Educational Research Association (AERA) Conference from April 8 – 12. This is the second year that the conference was virtual due to Covid. The theme this year was Accepting Educational Responsibility. Dr. Maier continues to serve as a peer-reviewer for AERA conference proposals throughout the year.

The Education Department is reviewing its curriculum at both the undergraduate and graduate level to increase its focus on equity and to ensure that it remains current and relevant for educators in the field.

CEC FACULTY NEWS

DR. THERESA HICKEY

Dr. Theresa Hickey was a part of a professional participation WACTE Focus Group, "Social-Emotional Learning Implementation." She was invited to participate as a focus group stakeholder/member for the in-process SEL Implementation Brief for Teacher Preparation Programs. Reviewed, and Dr. Hickey assessed the Implementation guide for Teacher Preparation Programs to be used for the new SEL standards required to be in place as of January 2020 by the state legislature.



DR. RONNIE GORDON

Dr. Ronnie Gordon was invited to be the keynote speaker for the University of Hawai'i at Manoa, *Hui Kāko'o: Department of Social Work installment of the Black Lives Matter: Social Work Education Series*. The keynote focused on the topic of microaggressions and marginalized communities, along with the importance of BLM and the intersectionality of microaggressions and marginalized communities.

Currently, Dr. Gordon, working as a part of The Core Coordinating Team appointed by the Tacoma City Council (Resolution 40622 created by the Mayor's Office) to Heal the Heart of Tacoma from systematic oppression and racism through Anti-Racist and Transformative service and work.



DR. LETICIA NIETO

Dr. Leticia Nieto has been a part of many seminars and classes as presenter and teacher. Notably, she presented in a summit series called Embodied Social Justice, dedicated to exploring the intersection of oppression and embodiment; how social and political structures are embedded within bodies (we include the psyche when talking about the body); and how through engaging the body we can respond to the social justice issues of our time, and begin the work of dismantling oppressive systems in our reach towards personal and communal liberation. Where somatics meet, social justice, for us, is where fear and paralysis can become the fire that fuels sustainable activism in the world. The summit wishes to make this exploration as broadly accessible as possible.

Dr. Nieto was also involved in MEND Seattle. Mend Seattle provides quality, low-cost mental health counseling to individuals, couples and groups. They are a collective of healers with diverse educational backgrounds and identities committed to an anti-oppressive and liberatory approach to therapy. MEND Seattle emphasize serving the QTBIPOC (Queer, Trans, Black, Indigenous, People of Color) community.



CEC STAFF NEWS

Welcome two new staff members!

OLIVIA HOLDEN EXECUTIVE ASSISTANT TO THE DEAN

Olivia, a transplant from Eastern Washington, is a recent graduate of Saint Martin's University where she received her BA in English, and served the community before as a student worker at the front desk in the Office of Public Safety. Looking to continue assisting and pursuing higher education roles, she looks forward to shifting to academic and administrative roles to continue supporting the SMU community. In spare time, she enjoys practicing photography, exploring sustainable gardening, and finding ways to build up creativity in the community.

Olivia is delighted and eager to begin working with the College of Education and Counseling to support faculty, staff, and students alike in an administrative and fuller capacity.



MARLEY REDD CERTIFICATION OFFICER AND PLACEMENT SPECIALIST



Marley was born and raised in the beautiful mitten state, Michigan. She studied Environmental Studies and Sustainability while attending Northern Michigan University on the shores of Lake Superior. While earning her Bachelors, she fell in love with higher education, supporting students, and connecting with her community. After graduating, this passion has led her to dedicate her professional and personal time to coordinating community programs and outreach for small 501(c)3 nonprofits. She strongly feels that everyone can find a way to give back.

Marley recently joined our team as the Education Placement and Certification Specialist. She's excited to be working with our students and supporting their success as future educators and administrators.

Other staff news

SHAWN RITTER DATA COORDINATOR

Shawn is the College of Education and Counseling Data Coordinator, and spends much of his free time assisting the community.

The Small Business Development Center, Washington SBDC, in Lacey and Olympia approached him to create course work in Microsoft Excel for small business owners who know little about the program. He created two classes that piggyback off of each other, and the course successfully ran in February.

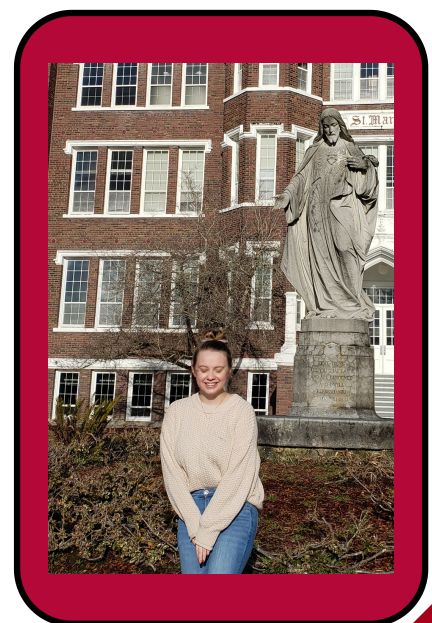


FACULTY AND STAFF AWARDS



Dr. Linda Maier was the 2020/2021 recipient of the *Monks of Saint Martin's Abbey Outstanding Faculty Award*. This award is based on four areas: excellence in teaching, high standards and rigor in the classroom, high expectations for student performance, and high level of empathy and concern for student growth and development. In her nominations, Dr. Maier was described as "a dedicated, engaging, and caring professor who prioritizes learning that is connected and meaningful." As an excellent teacher and colleague, we extend a unanimous congratulations!

Ms. Olivia Holden, a recent graduate of Saint Martin's University, was awarded the *Nursia Award in English and American Letters*, an award established by the English Department in the late 1970's to honor a student whose work exemplified the ideals of English and American literary scholarship. It recognizes the English Department's outstanding student major.



ANIMAL SHOWCASE

In such a difficult year, our companions have gotten us through it and have made many guest appearances in Zoom meetings and classes! Meet some of the CEC animals that have joined us throughout the year.



NALU THE GOLDENDOODLE
HOPING RONNIE WILL LET HER
TAKE OVER CLASS



JEFF'S CAT, SHADOW, NEEDING
SOME ATTENTION

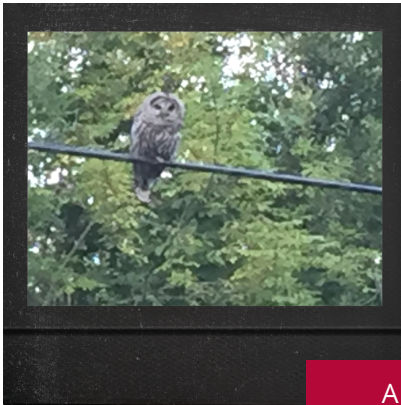


RILEY, JACKIE'S PUP, ROCKING THE
NEW HAIR-DO



ALEX'S DOG, COPPER, PREFERS TO REST
ON HIS SILK PILLOW DURING CLASS

ANIMAL SHOWCASE



A BARRED OWL VISITING DR. HICKEY



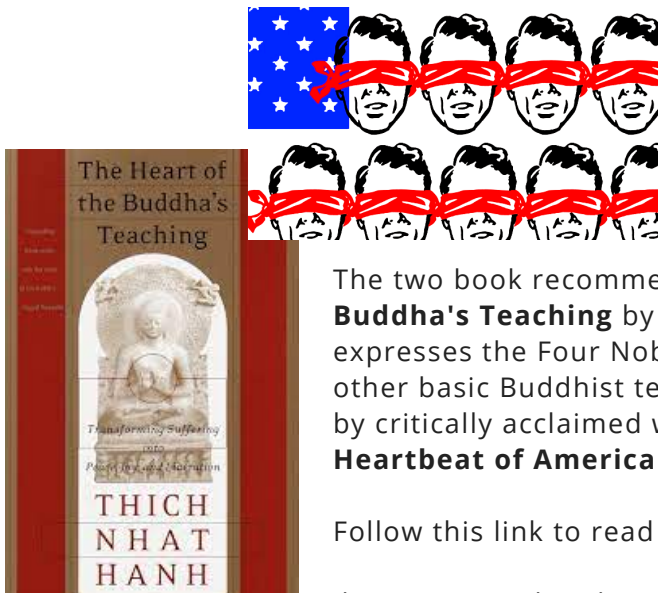
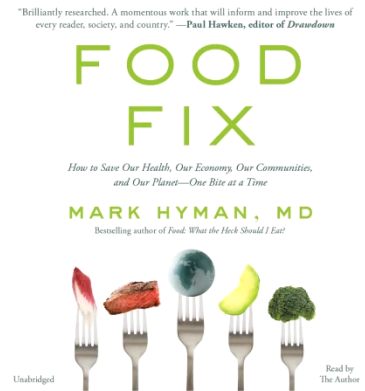
DUTCH (CHOCOLATE LAB), SAM (ORANGE CAT),
AND BELLA (BLACK LAB/SPRINGER IN THE BACK)
HELPING OLIVIA'S FAMILY WORK ON THEIR TRUCK!



STARRE IS A LITTLE ZOOM-EXHAUSTED! NAPS
ARE NECESSARY, HE TELL HIS MOM, ALEX.

THE CEC BOOKCASE

A book recommendation from Marley by Mark Hyman, M.D., called **Food Fix**. This book centers around what we eat and how it has tremendous implications on both our bodies, the earth, society, and the global economy. Hyman explains how our food and agriculture policies drive our biggest global crises, obesity, climate change, poverty, violence, educational achievement gaps, and more.



The two book recommendations by Ronnie are **The Heart of the Buddha's Teaching** by Thich Nhat Hanh in which Hanh poetically expresses the Four Noble Truths, the Noble Eightfold Path, and other basic Buddhist teachings, and also an article in *The Atlantic* by critically acclaimed writer Ibram X. Kendi called **Denial is the Heartbeat of America**.

Follow this link to read the article:

<https://www.theatlantic.com/ideas/archive/2021/01/denial-heartbeat-america/617631/>

THE CEC COOKING CORNER

Shockingly Easy No-Knead Focaccia

Ingredients:

1 ¼-oz. envelope active dry yeast (about 2¼ tsp.) 2 tsp. honey
5 cups (625 g) all-purpose flour
5 tsp. Diamond Crystal or 1 Tbsp. Morton kosher salt
6 Tbsp. extra-virgin olive oil, divided, plus more for hands 4 Tbsp. unsalted butter, plus more for pan
Flaky sea salt
2-4 garlic cloves

Equipment:

Escali Primo Digital Scale
Measuring Spoons
Measuring Cups
Medium Bowl
Whisk
Spatula
Large Bowl
Metal Baking Dish
Fork
Small Saucepan
Microplane
Pastry Brush

Steps:

1. Whisk one ¼-oz. envelope active dry yeast (about 2¼ tsp.), 2 tsp. honey, and 2½ cups lukewarm water in a medium bowl and let sit 5 minutes (it should foam or at least get creamy; if it doesn't your yeast is dead and you should start again-check the expiration date!).
2. Add 5 cups (625 g) all-purpose flour and 5 tsp. Diamond Crystal or 1 Tbsp. Morton kosher salt and mix with a rubber spatula until a shaggy dough forms and no dry streaks remain.
3. Pour 4 Tbsp. extra-virgin olive oil into a big bowl that will fit in your refrigerator. This puppy is going to rise! Transfer dough to bowl and turn to coat in oil. Cover with a silicone lid or plastic wrap and chill until dough is doubled in size (it should look very bubbly and alive), at least 8 hours and up to 1 day. If you're in a rush, you can also let it rise at room temperature until doubled in size, 3-4 hours.
4. Generously butter a 13x9" baking pan, for thicker focaccia that's perfect for sandwiches, or an 18x13" rimmed baking sheet, for focaccia that's thinner, crispier, and great for snacking. The butter may seem superfluous, but it'll ensure that your focaccia doesn't stick. Pour 1 Tbsp. extra-virgin olive oil into center of pan. Keeping the dough in the bowl and using a fork in each hand, gather up edges of dough farthest from you and lift up and over into center of bowl. Give the bowl a quarter turn and repeat process. Do this 2 more times; you want to delate dough while you form it into a rough ball. Transfer dough to prepared pan. Pour any oil left in bowl over and turn dough to coat it in oil. Let rise, uncovered, in a dry, warm spot (like near a radiator or on top of the fridge or a preheating oven) until doubled in size, at least 1½ hours and up to 4 hours.

THE CEC COOKING CORNER

Shockingly Easy No-Knead Focaccia



Steps:

5. Place a rack in middle of oven; preheat to 450°. To see if the dough is ready, poke it with your finger. It should spring back slowly, leaving a small visible indentation. If it springs back quickly, the dough isn't ready. (If at this point the dough is ready to bake but you aren't, you can chill it up to 1 hour.) Lightly oil your hands. If using a rimmed baking sheet, gently stretch out dough to fill (you probably won't need to do this if using a baking pan). Dimple focaccia all over with your fingers, like you're aggressively playing the piano, creating very deep depressions in the dough (reach your fingers all the way to the bottom of the pan). Drizzle with remaining 1 Tbsp. extra-virgin olive oil and sprinkle with laky sea salt. Bake focaccia until puffed and golden brown all over, 20-30 minutes.

6. Hold off on this last step until you're ready to serve the focaccia: Melt 4 Tbsp. unsalted butter in a small saucepan over medium heat. Remove from heat. Peel and grate in 2-4 garlic cloves with a Microplane (use 2 cloves if you're garlic-shy or up to 4 if you love it). Return to medium heat and cook, stirring often, until garlic is just lightly toasted, 30-45 seconds. (Or, if you prefer raw garlic to toasted garlic, you can grate the garlic into the hot butter, off heat, then brush right away.)

7. Brush garlic-butter all over focaccia and slice into squares or rectangles.

8. Do Ahead: Focaccia is best eaten the day it's made, but keeps well in the freezer. Slice it into pieces, store it in a freezer-safe container, then reheat it on a baking sheet in a 300° F oven.



THE CEC COOKING CORNER

Carrabba's Sausage and Lentil Soup

Ingredients:

- | | |
|--|--------------------|
| 1 lb Italian sausage (You can also use Italian turkey sausage) | 1 teaspoon salt |
| 1 large onion, chopped | 2 cups dry lentils |
| 1 stalk celery, chopped | black pepper |
| 2 large carrots, chopped | red pepper flakes |
| 1 small zucchini, chopped | basil |
| 6 cups chicken broth | oregano |
| 2 (14 1/2 ounce) cans diced tomatoes, undrained | parsley |
| 2 -3 garlic cloves | thyme |

Steps:

1. Brown sausage; drain off fat.
2. In a large pot combine all ingredients bring to boil.
3. Reduce heat and cover.
4. Simmer for about 1 hour or until lentils are tender. Add water if necessary, for desired consistency. I like to puree about 1 cup of the soup and add back to pot to give it a thicker consistency.
5. Sprinkle with Parmesan cheese and serve.



NUTRITION INFO	
Serving Size: 1 (360) g	
Servings Per Recipe: 10	
AMT. PER SERVING	% DAILY VALUE
Calories: 345.4	
Calories from Fat 125 g	36 %
Total Fat 13.9 g	21 %
Saturated Fat 4.7 g	23 %
Cholesterol 25.9 mg	8 %
Sodium 1249.7 mg	52 %
Total Carbohydrate 32.2 g	10 %
Dietary Fiber 13.6 g	54 %
Sugars 5.5 g	21 %
Protein 22.8 g	45 %