

Advice for scholars

From scholar student athletes

WHEN THERE'S A LOT GOING ON...

Juggling multiple big commitments during college is just something to help prepare you for the real world. If you manage your time wisely and communicate effectively you will be fine!

REMEMBER TO...

It's important to prioritize yourself and find balance with such a crazy schedule. Find a routine that works well for you and be sure to always make time for yourself.

ANYTHING ELSE...

Don't be afraid to put yourself out there! Say yes to trying new things and step out of your comfort zone, it's the perfect time to do it!

Good Luck & have fun!

